Using APCDs to Evaluate Health Care Cost, Quality and Utilization: What Have We Learned and Where Do We Go from Here?

A Systematic Literature Review

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Background

- More than 15 states have implemented APCDs since 2003
- Multi-state collaborative research project that uses APCD data to describe the relationship between heath care cost and quality outcomes and the state's health system characteristics, coordinated by the Network for Regional Healthcare Improvement Organization (NRHI) and National Bureau of Economic Research (NBER), and funded by the Agency for Healthcare Research and Quality (AHRQ).
- Purpose: To assess how APCDs have been used for research purposes and to derive lessons on data applications, strengths and limitations.

Methods

- Empirical studies conducted in the US and grey literature published between 2010-2017
- Query terms: combinations of all payer claims data or database, administrative or claims data and health care delivery, quality, cost, or system characteristics
- Excluded proprietary and single-payer databases
- Thirty one empirical studies met inclusion criteria
- 14 pieces of grey literature

Literature Review Themes



Cost (8 articles)



Utilization (15 articles)



Quality (10 articles)

Utilization

Focus of studies:

- Use of prescription drugs
- Emergency department, Inpatient and outpatient services use
- Discretionary services
- Diagnostic imaging use

Unique contribution of APCDs

 Longitudinal trends in utilization patterns at a granular level – ED visits by Census Tracts

 Population-based studies – Local practice patterns and prescription utilization

Cost

Focus of studies:

- Total cost of care
- Inpatient services spending
- Cost of low-value care services
- Cost for specific surgical procedures or treatments

Unique contribution of APCDs

- Ability to estimate total cost associated to all levels of care across organizational boundaries
- Access to data from all major payers in a region allows evaluation of market forces and dynamics
- Methods of working with APCD data to provide the best possible cost analysis

Quality

Focus of studies

- Comparison of effectiveness of procedures and facilities:
 Readmissions, Mortality
- Assess outcomes of system-wide interventions:
 Pregnancy and Hypertension outcomes
- Assess population-level quality of care: Low-value care, preventive screening measures

Unique contribution of APCD

- Comprehensive assessment of system performance
- Person-level data to identify patterns at a granular geographic level
- Objective evaluation of access and preventive screening other than self-reported measures



Using APCDs: General Findings

- Limited but growing number of published literature using state APCDs
- Great diversity of topics and uses of data
 - Large datasets frequently used to describe patterns of infrequent conditions, procedures or prescriptions
- Many more opportunities of using APCDs as a broad, comprehensive and longitudinal set of data
 - Thirteen articles used APCD data alongside other data sources
- Limitations related to nature of claims data, data completeness and regulations of data uses

Where do we go from here?

Studying system performance

- Data goes beyond the walls of specific providers or specific type of services
- Data allows identifying networks of health care services

Increased use – increased transparency – increased knowledge generation – decreased costs

Opportunities to streamline data release processes

Continue working on data completeness

 APCDs should inform health equity: methodology to report race/ethnicity and SES indicators

Continue to develop processes that allow data sources to

be integrated across sectors